

**REVERSE AN
OVERDOSE.**

**BE PREPARED
TO SAVE A LIFE**

Signs of an overdose



Not Responding

Doesn't move and can't be woken



Slow or Not Breathing

A breath every 5 seconds is normal.



Making Sounds

Choking, gurgling sounds or snoring



Blue Lips & Nails



Cold or Clammy Skin



Tiny Pupils

If Someone is Overdosing...

- 1. Call 911 immediately.**
- 2. Check for responsiveness:**
(Shake their shoulder or perform a sternal rub)
- 3. Are they breathing? If not, begin CPR.**
- 4. Administer naloxone if available.**
- 5. Place the person in the recovery position on their side once they start breathing again.**
- 6. If possible, stay with the person until emergency assistance arrives.**



SCAN ME

NaloxoneAZ.com

Look Is their chest rising & falling?
Listen for breathing sounds
Feel for a pulse

**“Don't be afraid to call
911 if you are some
place where drugs
are present.
YOU ARE PROTECTED”**

**The Arizona
Good Samaritan Law:
Protects you
so that neither
you, nor the overdose
victim, will be charged
for the possession
of substances if
you call 911
in case of
an overdose.**

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**Substance Abuse
Coalition Leaders
of Arizona**